



2010 Wahine (Women) and Keiki (Kids) Class Schedule

What classes do the Aloha Hula Girls offer?

- Beginning Wahine (Women) Hula (ages 16 and older)
- Performance Wahine Hula (by invitation)
- Beginning Keiki (Child) Hula (girls ages 8-15, mother-daughter pairs are also welcome)
- Performance Keiki Hula (by invitation)

The Beginning Wahine meet Tuesday nights 6:00 – 7:00 p.m., the Performance Wahine meet Tuesday nights 7:00 – 8:00 p.m., the Beginning Keiki meet Thursday nights 6:00 – 7pm, and the Performance Keiki class meets Thursday nights from 7:00 – 8:00 p.m.

Where are classes held?

Classes are held in the upstairs studio at Peak Sports Club, 4401 Peak Drive, Loves Park, IL (off Perryville Rd.). www.peakfitnessusa.com

How long are hula sessions and what are the fees?

Each session is 9 classes long. Students may register for the entire session (9 classes) for \$90, or for 3-class blocks (classes must be consecutive) for \$35.

For more Frequently Asked Questions, check out:

http://www.alohahulagirls.com/classes/documents/AHG_FAQs_000.pdf

February 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|-----|--|-----|-----|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| 14 | 15 | 16 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 1 | 17 | 18 Keiki Performance 7:00pm Session 1 Class 1 | 19 | 20 |
| 21 | 22 | 23 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 2 | 24 | 25 Keiki Performance 7:00pm Session 1 Class 2 | 26 | 27 |
| 28 | | | | | | |

March 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|-----|--|-----|-----|
| | 1 | 2 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 3 | 3 | 4 No Class | 5 | 6 |
| 7 | 8 | 9 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 4 | 10 | 11 Keiki Performance 7:00pm Session 1 Class 3 | 12 | 13 |
| 14 | 15 | 16 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 5 | 17 | 18 Keiki Performance 7:00pm Session 1 Class 4 | 19 | 20 |
| 21 | 22 | 23 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 6 | 24 | 25 No Class | 26 | 27 |
| 28 | 29 | 30 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 7 | 31 | | | |

April 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-------------|-----|--|-----|--|------------------|-----|
| | | | | 1 No Class Holiday Break | 2 Good Friday | 3 |
| 4 Easter | 5 | 6 No Class Holiday Break | 7 | 8 Keiki Performance 7:00pm Session 1 Class 5 | 9 | 10 |
| 11 | 12 | 13 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 8 | 14 | 15 Keiki Performance 7:00pm Session 1 Class 6 | 16 | 17 |
| 18 | 19 | 20 Wahine Beginner's 6:00pm Performance 7:00pm Session 1 Class 9 | 21 | 22 Keiki Performance 7:00pm Session 1 Class 7 | 23 | 24 |
| 25 | 26 | 27 No Class Session Break | 28 | 29 Keiki Performance 7:00pm Session 1 Class 8 | 30 | |

May 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----------------------|--|-----|--|-----|-----|
| | | | | | | 1 |
| 2 | 3 | 4 No Class Session Break | 5 | 6 Keiki Performance 7:00pm Session 1 Class 9 | 7 | 8 |
| 9 | 10 | 11 No Class Session Break | 12 | 13 No Class Session Break | 14 | 15 |
| 16 | 17 | 18 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 1 | 19 | 20 Keiki Beginner's 6:00 Session 2 Class 1 Performance 7:00pm Session 2 Class 1 | 21 | 22 |
| 23 | 24 | 25 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 2 | 26 | 27 No Class Holiday Break | 28 | 29 |
| 30 | 31 Memorial Day | | | | | |

June 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|-----|--|-----|-----|
| | | 1 No Class Holiday Break | 2 | 3 Keiki Beginner's 6:00 Session 2 Class 2 Performance No Class | 4 | 5 |
| 6 | 7 | 8 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 3 | 9 | 10 Keiki Beginner's 6:00 Session 2 Class 3 Performance 7:00pm Session 2 Class 2 | 11 | 12 |
| 13 | 14 | 15 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 4 | 16 | 17 Keiki Beginner's 6:00 Session 2 Class 4 Performance 7:00pm Session 2 Class 3 | 18 | 19 |
| 20 | 21 | 22 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 5 | 23 | 24 Keiki Beginner's 6:00 Session 2 Class 5 Performance 7:00pm Session 2 Class 4 | 25 | 26 |
| 27 | 28 | 29 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 6 | 30 | | | |

July 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|---------------------------|-----|--|-----|--|-----|-----|
| | | | | 1 No Class Holiday Break | 2 | 3 |
| 4 July 4 th | 5 | 6 No Class Holiday Break | 7 | 8 Keiki Beginner's 6:00 Session 2 Class 6 Performance 7:00pm Session 2 Class 5 | 9 | 10 |
| 11 | 12 | 13 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 7 | 14 | 15 Keiki Beginner's 6:00 Session 2 Class 7 Performance 7:00pm Session 2 Class 6 | 16 | 17 |
| 18 | 19 | 20 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 8 | 21 | 22 Keiki Beginner's 6:00 Session 2 Class 8 Performance 7:00pm Session 2 Class 7 | 23 | 24 |
| 25 | 26 | 27 Wahine Beginner's 6:00pm Performance 7:00pm Session 2 Class 9 | 28 | 29 Keiki Beginner's 6:00 Session 2 Class 9 Performance 7:00pm Session 2 Class 8 | 30 | 31 |

August 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|-----|--|-----|-----|
| 1 | 2 | 3 No Class Session Break | 4 | 5 Keiki Beginner's No Class Session Break Performance 7:00pm Session 2 Class 9 | 6 | 7 |
| 8 | 9 | 10 No Class Session Break | 11 | 12 No Class Session Break | 13 | 14 |
| 15 | 16 | 17 No Class Session Break | 18 | 19 No Class Session Break | 20 | 21 |
| 22 | 23 | 24 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 1 | 25 | 26 Keiki Beginner's 6:00 Session 3 Class 1 Performance 7:00pm Session 3 Class 1 | 27 | 28 |
| 29 | 30 | 31 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 2 | | | | |

September 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|----------------|--|-----|--|-----|-----|
| | | | 1 | 2 No Class Holiday Break | 3 | 4 |
| 5 | 6 Labor Day | 7 No Class Holiday Break | 8 | 9 Keiki Beginner's 6:00 Session 3 Class 2 Performance 7:00pm Session 3 Class 2 | 10 | 11 |
| 12 | 13 | 14 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 3 | 15 | 16 Keiki Beginner's 6:00 Session 3 Class 3 Performance 7:00pm Session 3 Class 3 | 17 | 18 |
| 19 | 20 | 21 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 4 | 22 | 23 Keiki Beginner's 6:00 Session 3 Class 4 Performance 7:00pm Session 3 Class 4 | 24 | 25 |
| 26 | 27 | 28 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 5 | 29 | 30 Keiki Beginner's 6:00 Session 3 Class 5 Performance 7:00pm Session 3 Class 5 | 31 | |

October 2010

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|-----|-----|--|-----|--|-----|-----|
| | | | | | 1 | 2 |
| 3 | 4 | 5 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 6 | 6 | 7 Keiki Beginner's 6:00 Session 3 Class 6 Performance 7:00pm Session 3 Class 6 | 8 | 9 |
| 10 | 11 | 12 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 7 | 13 | 14 Keiki Beginner's 6:00 Session 3 Class 7 Performance 7:00pm Session 3 Class 7 | 15 | 16 |
| 17 | 18 | 19 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 8 | 20 | 21 Keiki Beginner's 6:00 Session 3 Class 8 Performance 7:00pm Session 3 Class 8 | 22 | 23 |
| 24 | 25 | 26 Wahine Beginner's 6:00pm Performance 7:00pm Session 3 Class 9 | 27 | 28 Keiki Beginner's 6:00 Session 3 Class 9 Performance 7:00pm Session 3 Class 9 | 29 | 30 |
| 31 | | | | | | |

Winter Break
 Classes will resume in 2011
 Sunday, December 5th, Holiday Brunch